

Managing Manual Handling

This course should be given high priority, as the hazards of manual handling are the biggest contributor to serious injury within all industries. This applies across all occupational groups, with back injuries being the most common type of injury. The causes of the majority of manual handling injuries are cumulative; arising from excessive exertion over a period of several days, weeks, months or even years.

As it is not possible to eliminate or adequately reduce all manual handling hazards, this half-day training will be invaluable to the safety of your workforce.

Training is also available to identify, assess and control manual handling hazards to comply with the current legislation and Manual Handling Code of Practice.

Course Content

- Overview of OSH Act
- Manual Handling Code of Practice
- Hazard identification, risk assessment and control

Learning Outcomes

When participants have completed the course they will be able to:

- Understand the requirements of the Act, Regulations and Mode of Practice relating to manual handling;
- Apply manual handling techniques for tasks performed by different employees; and

Perform hazard identification, risk assessment, risk control and evaluation for manual handling tasks. Ensure the relevant Safety and Health Representative(s) is informed when an accident occurs in their area of responsibility.